

DRAGONS, TIGERS AND KOOKABURRAS

Feng Shui From A Unique Perspective

Issue 17

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Editorial

Greetings from the Golden Valley on the border of England and Wales. Since last issue I have been staying in Athens, London, Somerset, Devon and Cornwall - to name but a few places - and now I find myself in Alfred Watkins territory. Coincidentally, last time I was in Hereford nearby I went to Waterstones to find out the availability of my own book and the person in front asked the assistant where he could find Watkins's 'The Old Straight Track'. I was tempted to tell him to buy 'the latest update on ley line research' instead, namely 'The Poisoned Dragon', but that felt too egotistical even for me so I kept quiet.

What I did find out though was that they didn't have my book on file although they should have had. This is the case in many bookshops, apparently, unless you tell them to get the book from BERTRAMS, the wholesalers most bookshops deal with. So, in future if you or a friend needs to get hold of another copy, you can do so from the following sources:

Amazon at www.amazon.co.uk - especially efficient if you live abroad.

The Inner Bookshop - www.innerbookshop.co.uk or ring UK 1865 245301.

Tree Tongue - go to website listed below for details.

Your local bookshop - tell them to get copies from Bertrams.

THE POISONED DRAGON

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Healing with Feng Shui and Geomancy

by S.D. Anugyan

www.treetongue.co.uk

Other sources will become available over time but for now these are the main players as far as I can perceive.

Whilst still avoiding, I hope, becoming egotistical, I've got to say the feedback on the book so far has been extremely positive, and not just from people interested in Feng Shui or Geomancy. I'm particularly touched that people are not concerned with the typos and other mistakes we spotted too late, but are more interested in the quality of the message itself. These are the kinds of readers I want! The press reviews haven't started yet but, in the meantime, I wish to thank you all for your heartfelt words.

The newsletter is another, more complicated, affair. Feedback since going to this format has been very positive and/or helpful. What I didn't expect was that many people wished to print it out and objected to the lack of page numbers. I also had a graphic designer view the format and she approved of most of it bar the way I'd separated the topics. So, not only have I gone back to using page numbers but I've also returned to viewing each page as a complete page, not haphazardly cutting off articles half-way as I did last time. The photographs I found I couldn't reduce much in size without compromising enormously on quality, which I would find a

pity; and I'm using an unusually large amount in this issue, so the size of the newsletter hasn't changed much; but most people have been fine with that. Keep your comments coming in though and I'll do what I can to change things so as many people are happy as possible!

Enough of this introspective babble. I'd like to introduce a few people that I've come across in recent months, whom I believe to be achieving some quite beautiful work. Firstly, I had the great privilege of visiting a non-denominational meditation centre in Dent near the Lake District. If you fancy a visit to the beautiful Yorkshire Dales combined with a chance to meditate, this is the place to go. You can find out more by visiting them at their website www.dentmeditation.co.uk or by ringing 01539 625141. I think it is quite extraordinary what is happening there.

I also revisited Hazelwood House in South Devon. It is always uplifting to return to a place I've worked on, just to feel the difference, often thanks to an incredible amount of effort from residents and friends. The whole feeling I had here was one of upliftment and excitement, even awe at some of the artwork I saw. If you want: to stay overnight, more information, or just to wander the magnificent grounds, ring 01548 821232 for details.

Another place, though virtual rather than physical, that has brought a lot of good energy to the South-West is Green Events; based in Plymouth but with their flyers linking alternative practitioners and events appearing all over Devon. Well, they're now spreading nationwide courtesy of their new webpage at www.greenevents.co.uk. If you're interested in advertising your services or an event or anything related then check them out as a lot of the advertising is free!

Now back to this issue where there are quite a few changes and delectable subjects for you to enjoy. You will notice the absence of TechnoCorner. This is largely because I was running out of new things to say on connections between technology and Feng Shui. However, the new section 'Small Steps for a Big World' - or sections, as it will appear on different pages - is going to focus on practical steps for improving our environment, little tips focusing mostly on environmental concerns that may have missed people's attentions elsewhere. So please don't mourn Technocorner - - it's simply been reborn as something else!

The article on community spirit last issue brought a lot of feedback, I'm really glad to say as I feel there were important issues raised on that subject. The 'AnuLookAt' section has always proved the most inciting of comment and I think you'll find that no less true this issue when we look at the art of flying. Of course, in a new and entirely unprecedented way.

Lung Mei is another 'back to basics' piece as I felt I hadn't simplified the art of walking on a line sufficiently in a previous issue. And this is something I couldn't have done without the use of photographs, I'm sure you'll agree. Hidden Realms is

Contact Details

Tel: 07833 930548

e: anugyan@hotmail.com

www.treetongue.co.uk

Pager (UK only): 07663 788215

also a glance at basics, this time at Numerology. Finally, we commence our ongoing series on the Hindu 'art of placement', Vaastu Shastra. Till we meet in the summer issue: Enjoy!

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Anu

ANuLookAt: Flying

Flying as often and as long as I have - Heathrow evolving, it felt, into my second home - the process became for me less exciting than catching a bus. It was only on the plane to Athens last December that a series of encounters - not important in their detail - led to me rediscovering the thrill I used to get when boarding a plane.

Now, when I or somebody else expresses a jadedness, a sense of tedium, about getting on yet another plane, I've got to respond with a, 'ARE YOU KIDDING?! You're about to travel over five hundred miles an hour, twenty thousand feet in the sky, with just a thin sheet of metal between you and oblivion, and you're taking it for granted?!'

It is actually to the credit of the aviation industry that we do perceive flying as routine and safe, because it is, statistically. Recent figures stated that flying is 176 times safer than walking. Also, that you would need to fly for 21000 years every day before experiencing a plane crash. Don't ask me how they come up with these figures but the truth is, even allowing for recent disturbing developments, you are very, very safe in an aircraft. Crossing a busy road, now that's scary!

But this doesn't change the fact that you are sitting that much closer to Space in an aluminium tube. And it is that particular round shape of the fuselage that gave me one of the insights that I needed to reawaken my joy of flight:

Not only the material of the plane but also its shape are related to the Metal element in Feng Shui. This is entirely appropriate as the dome shapes of many buildings are supposed to reflect the 'bowl of the sky', connecting to Spirit or to Heaven. The beautifully designed central foyer of the British Museum, shown here with the Reading Room to the left of the picture, illustrates this perfectly and it is a common theme also with Eastern temples.

There are two aspects of the Metal element I choose now to focus upon when flying. The first is of Richness, of enjoying the Fullness of the experience, helped perhaps by an assortment of music and books. The food is another thing for which to be grateful if

you are vegetarian, as airlines have come a long way since treating vegetarians as rabbits twenty years ago. And if you're on a Middle or Far Eastern airline, even better, as vegetarian cuisine is second nature to them. The food can actually be good! Even so, whatever the quality of the food, even if you've brought your own sandwiches, enjoy it thoroughly, for you're on an adventure to a distant land and even bad food has a richness adding to the experience.

The other aspect of Metal to emphasise is that of meditation. The round shape is conducive to introspection, hence the British Museum reading room in London or the Radcliffe Camera library in Oxford. So reading is one thing to enjoy but further than that you may wish to put down your book, close your eyes and go within. For here you are defying the pull of the Earth - and Spirit is predominant.

If meditation is an unknown to you, then try this simple technique when next on a plane:



Allow the repetitive, lulling engine drone help you to relax. Close your eyes. Notice your breath moving in and out of your lungs. Let your mind wander, allow your feelings to change, but keep coming back to watching your breath move. Try that for ten minutes to get a taste of meditation and do it again, whenever you like, perhaps for longer and more frequent intervals.

The nature of an aeroplane is unique too. Feng Shui likes to attribute the qualities of things to certain animals. I have mentioned the car as a Tiger on numerous occasions: growling, moving close to the ground, unpredictable, dangerous and powerful, but what about the passenger plane? In conversation with an ornithologist it was suddenly obvious. Very few birds fly at the same height as us (odd as that sounds) but the most common type is the Goose, equipped as it is with special lungs to function at such altitudes.

Birds are the obvious connection with planes, even their lack of sweat glands lends itself to the analogy, as they use air to cool their bodies internally much as planes do; but Geese are even more fitting symbolically in that to some cultures they represent a quest for the truth. The single-minded determination in which they migrate, leaving the security of land, has inspired people to perceive a connection in that behaviour with our own search for something better.

The aviation industry may seem to be heading to a more luxurious and comfortable existence, with the double-decker A380 'super-jumbo' on its way, looking like a cruise ship inside and seating 555 passengers (see Numerology article on that!), and the SATS (Small Aircraft Transport Systems) and PAVs (Personal Aircraft Vehicles), the latter not needing pilots; but the next step is going to be beyond the atmosphere, reaffirming the sense of adventure.

And as for Space journeys, the only thing we know for sure is that explorers in that great void are going to have to be vegetarian. The meat pastes astronauts enjoy currently are a luxury apparently. You can start practising next time you go on holiday! Genetically modified blue-green algae burgers anyone?

So, in future when you board an aircraft remind yourself that you are going on both an inner and an outer adventure. Look around as your fellow explorers strap themselves in, preparing to defy gravity, and the flock of great Geese lift off, seeking distant lands.

Small Steps for a Big World

1

Problems with **slugs** and **snails** in your garden? Eating all your lettuces are they? Well, rather than putting nasty chemicals in the food chain, try spreading broken egg shells, ash and/or used coffee grinds around the soil. Not only do these deter slugs considerably but also make excellent compost. Or plant spiky, aromatic herbs between your veg.

Oh and **hedgehogs** **love** slugs. As food. Encourage their presence by not putting out saucers of milk, as is traditional - this gives them diarrhoea, which they die from. Instead put out saucers of water.

Hidden Realms: Numerology

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It has been said that to really understand the fundamental workings of the universe one needs profound appreciation of either music or mathematics. Being somewhat tone-deaf and only an amateur theoretical physicist I cannot claim to approach either of those requirements, but very early on in my life I studied basic numerology just to gain a glimpse or two. This proved invaluable as numbers do provide considerable insight to many aspects of life even on a basic level.

My approach is very simple and light: I don't get dogmatic about numbers' allocated meanings, but I keep an awareness of them in my work. To cut to the chase, here is a summary of the attributes as I understand them:

1	Unity, beginning
2	Duality, balance
3	Expression
4	Stability
5	Freedom, creativity
6	Harmony, service
7	Mysticism
8	Power, strength
9	Completion

It will be noted that numbers that are even have a stillness to them, whereas odd numbers have movement, which is common sense really. Taking it further, the multiples of each digit can tell you more e.g. 6 is considered harmonious because it has both stillness in the 2 and movement in the 3.

To arrive at the correct number and its meaning requires some basic arithmetic - no degree in theoretical physics required! To do this you add the digits together e.g. $57 = 5 + 7 = 12 = 1 + 2 = 3$. Therefore a house with the number 57 is carrying the numerological digit of 3 i.e. Expression.

The exception is with any multiple of 11 which isn't reduced as this is a special number. While the meaning of 11 can be quite mysterious and indefinable, also its multiples, it is sometimes attributed to Initiation (corresponding to the Pages in

Tarot cards). The number 22 is that of the Master Builder, a higher function of 4 (from 2 + 2). You can work the later multiples out for yourself by thinking of 11 as supercharging the basic principle of each number. e.g. 33 is a 'supercharged' 3, therefore represents Expression with added significance, also of Harmony (3 + 3 = 6).

In unusual circumstances triple digit numbers will present themselves e.g. 777. These multiples of 111 are extremely powerful figures. A businessman in Hong Kong paid a small fortune for the number plate 888 and consequently went from strength to strength. To glean even a glimpse of their possible meanings simply consider them as the single digit intensified exponentially e.g. 888 power and strength on an incredible level.

The popular use of numerology is often to find out one's name number, also called the Personality Number. You can do this for your house as well. To get you started, the letters of the alphabet are usually divided thus:

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

'Ash' therefore is 1 + 1 + 8 = 10 = 1, Unity.

The Destiny Number is derived from your birthdate e.g.

12th March 1960 = 1 + 2 + 3 + 1 + 9 + 6 + 0 = 22. (A Master Builder!)

Angles are also related to basic numbers, of course, and that's where things get very interesting. For example, a house directly opposite to yours is at 180 degrees, divisible into a circle twice; therefore the significant number is 2, implying that your neighbours opposite have a balancing function to you, and you to them.

This is a very basic and light-hearted introduction to the science of numbers, intended mainly to encourage awareness of possible hidden meanings around us. Even with the mega-powerful numbers I tend to take an irreverent approach:

A long time ago, when having to pay off part of a substantial debt, I chose to pay £888 exactly, just to see what happened. The next day I had to book a ticket to South Africa. The travel agent searched for the best options, found one and turned the computer monitor around to face me - the price of the ticket was £555.

The universe talks in numbers and it has a sense of humour!

Small Steps for a Big World	2
<p>Did you know? - You can tell how old a hedge is by how many species of plant there are per square metre. One type of plant means the hedge is about 100 years old, two types 200 years etc. Encourage biodiversity by planting hedges instead of putting up fences. Alternatively, even the nooks and crannies of brick walls are favourable to creepers and wildlife. Let's make our boundaries live!</p>	



Lung Mei: Stalking A Line

This could also be subtitled 'Walking Part 2' as I'm returning to the line that was the subject of 'Lung Mei' two issues ago, this time in more detail, for I felt I lost track - ironically enough! - before and missed out the details I wished to point out.



This was a blessing in disguise actually because now I'm working entirely online I can employ as many photographs I wish to illustrate in more depth. The point of this article is to show some of the clues one may look for in stalking a line. We begin here in Sandford St Martin, Oxfordshire, and proceed to Ledwell to the North. The line was first detected by looking at a map and seeing the possible alignments. It is then by

'stalking' the line one discovers whether it really is a line of concentrated ch'i or just an accidental alignment.

At the start of our journey we have an ancient cross and an old tree in the village green, as seen in the picture above. Three roads and lines converge here, our one heading North via the church and the road seen straight ahead.

We've looked at plenty of churches and roads in the past so we'll skip that and go straight to a far more subtle indication of the line just outside the village. Always pay attention to the nature one meets when following a line. I can't explain it easily except to say it *feels* significant when you experience it. Here, there are the subtle indications of a pathway in the midst of uncontrolled growth precisely where mapwork revealed the line to be.

In the distance now can be seen a gate. All of this follows the public footpath between Sandford and Ledwell, the discovery of the line implying that we are actually walking on an ancient track.

Note here that while one may expect to come across sacred plants and trees on a line, often the more humble ones are saying something too. Brambles and similar thorny 'weeds' often cluster around sensitive points as if to protect them until people are ready to respect those particular areas. Many lines



remain dormant this way.

Now, following our 'ancient track' we come across a ruined building adjacent to



the line. I don't actually know what this building was (I'm sure many of you will be able to tell me!) but it certainly has a special feeling about it. In the distance now we can just make out: the wall to the right, following the track; a dead tree (in the distance, to the upper left of the chimney), and the first houses on

the horizon, belonging to Ledwell.

What I haven't mentioned yet is that we're dealing with two lines moving together like the two serpents of the caduceus symbol. For our purposes now in simply getting a *sense* of the line or alignment we don't need to examine the companion line which is to the left of the photo, heading towards the dead tree via the living one. Such in-depth analysis is only required when you want to dowse everything precisely. For most of us, just walking along like this is informative enough.



As I said earlier, pay attention to the fauna and flora you meet. Be



sensitive to how

they are. (Everyone say, 'Ahhhhh...') This beautiful animal above was very happy and welcoming. Yes, the tree behind on the companion line is dead but one notes that it too has character - it has life beyond death!

Finally, we come to Ledwell itself and, at the heart of the village of course is its holy well. Also, on this journey (the details much edited to save on space) I met two old men who knew the hidden history of the ancient cross area where we began.

And the line continues, but in this short journey of less than a mile I hope I have shown the sheer wealth and nourishment one can obtain simply by following the natural course of ch'i. I've often been accused of studying only unhealthy lines - I hope this case study proves otherwise!

VAASTU

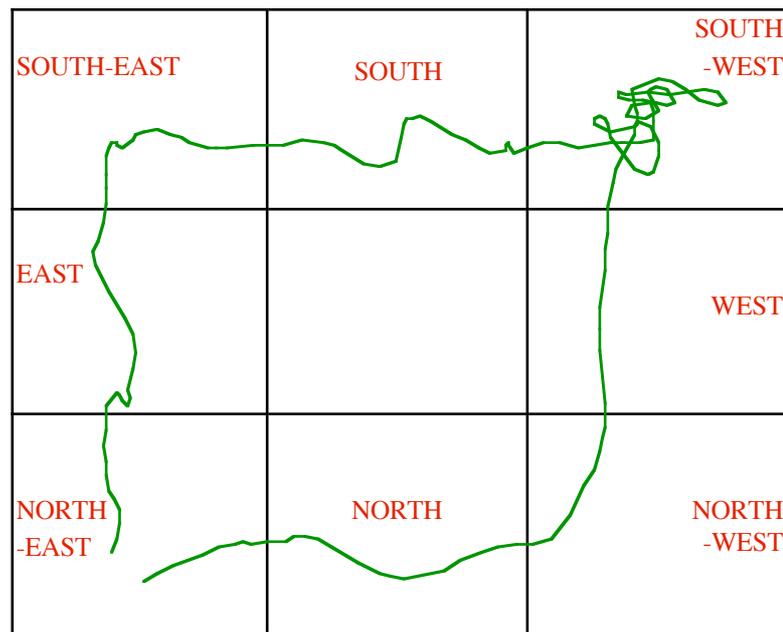


Introduction to the Grid

The recurring controversy about the North-East and South-West axis in Feng Shui becomes visible in a new light when regarded in the Hindu Vaastu system. In India the North-East is revered rather than feared, named the Gateway to the Gods. The ch'i or *prana*, as it is referred to in India, is seen as originating from the North-East and winding clockwise around a site before returning to the North-East.

This knowledge confirmed my suspicions a long time ago, that the North-East provides an enormously powerful flow of prana, often too powerful for many people. If a person's doorway faced North-East, I noted frequently, they would often be confronted with very profound issues about themselves and the people around them; the result being strong shake-ups in any apparently stable situation. In short, if the person's lifestyle didn't measure up to the insights provided by the North-East then that lifestyle would by necessity change.

After the prana enters from the North-East, it winds around a site then reaches the South-West where it slows down and may even become stagnant as it pools in that area. If it doesn't totally stagnate here it moves on eventually and slowly to the North, before being revitalised and continuing its cycle from the North-East.



Flow of prana is clockwise, beginning in and returning to the North-East corner.

The South-West therefore is one area Vaastu and Feng Shui agree upon, named

the Devil's Back Door in Feng Shui and associated with Nirriti, the Lady of Nightmares, in Vaastu. My experience tells me that it is a challenging direction to work with and there is a sense of mystery about it, I never quite fathom its full implications - all directions have their unknown qualities, of course, but the South-West, I believe, more than the others.

Many buildings in England face South-West simply out of a desire to catch a maximum amount of sunlight. We are going to look at individual directions in more depth in this series of articles, but I will say now that I have found places with front doors facing South-West tend to be confronted with a need to balance individual truth with sound business sense: not an easy balance, I'm sure you'll appreciate! But when that balance is achieved, success follows.

For now, here are some general tips for working with these two areas of a site. These tips can apply to a garden, a house, office, a room, anything. Be aware that the colours are influenced by Vaastu and Feng Shui considerations but are not necessarily adhering to the rules; they're what I find works.

North-East Areas

Keep as light and clear as possible.

Treat as sacred, special.

Good colours are white, blue, gold, silver and touches of yellow.

South-West Areas

Heavy items such as statues or wardrobes are good here.

Plenty of storage items generally will help prevent prana escaping.

Earth colours are appropriate: terracottas, oranges, yellows, browns.

Returning to the overall view of the grid, one notes that the centre of a site is considered empty, the prana meandering around it. This is another area that Vaastu and Feng Shui are in agreement about, treating it as the area that holds everything else together. In Vaastu it is the area of Brahma, the Creator, and should be kept as empty and clear as possible. Unlike with the North-East though, the other spiritually very significant sector, I find that the centre can tolerate earthy items to some extent, such as a statue in a central courtyard, as long as there is plenty of flow around them.

In summation, I think you will agree that there is far less discrepancy between Vaastu and Feng Shui than is immediately apparent. An enrichment of what we already know from the latter is what I hope to achieve in this series of articles, something possible only when we look beneath the surface.

**'Dragons, Tigers and Kookaburras' Issue 17
brought to you by Anu.**

See contact details on Page 2.

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